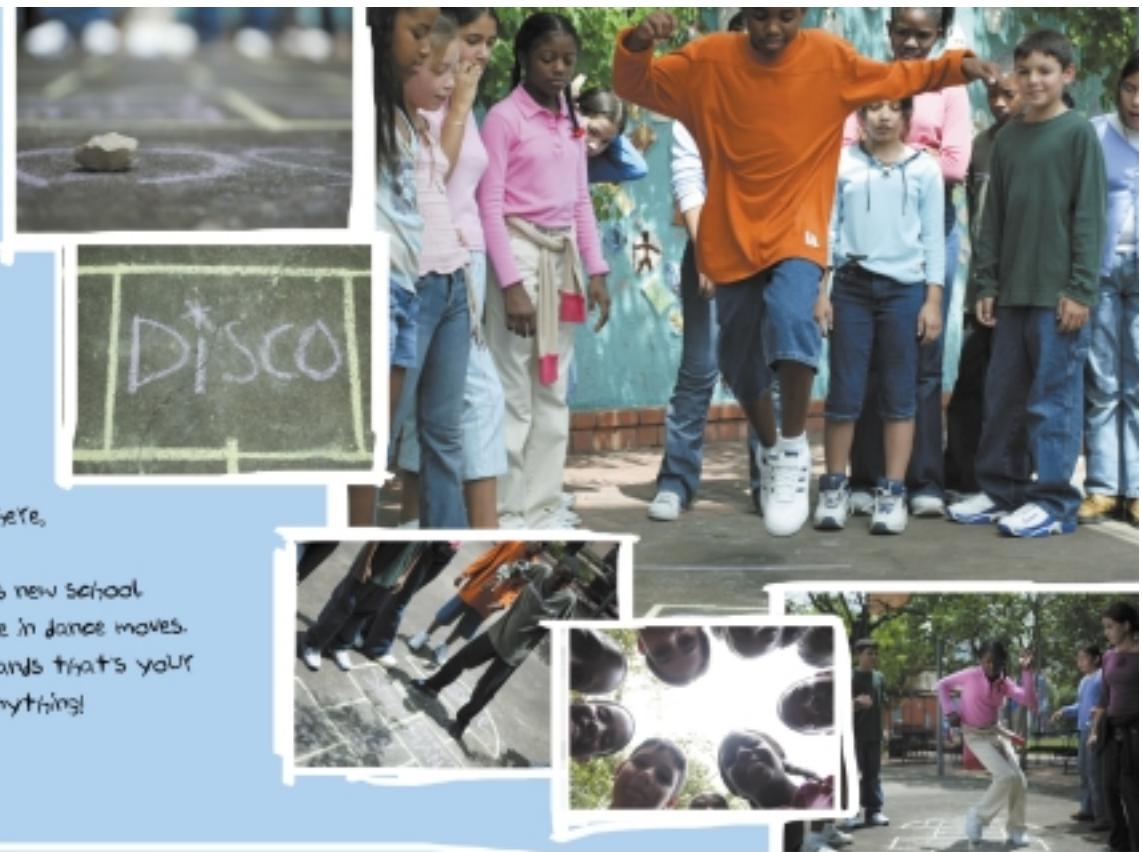


Hip Hop Scotch

Hey, I'm Andress and we play in Meca Park in Houston Texas. We've got lots of VERB's here, some games we even make up. Here's one we call "Hip Hop Scotch"...It's old school meets new school. You draw boxes but instead of numbers, write in dance moves. Like Spin, Shake, Balance...or Step whatever it lands that's your thing! If it lands in the question mark, do anything! That's "Hip Hop Scotch" in Houston.



Marco Water Polo

Hey, I'm Kylo and we play in Virrick Park in Miami Florida. We've got lots of VERB's here, some games we even make up. Here's one we call "Marco Water Polo"... all you need is a pool and a ball. Whoever's "it" has the ball and yells "Marco" with their eyes closed. Everyone else yells "Polo". Throw the ball in the direction of someone you hear. If they catch it, you go again. If they drop the ball...they do a cannon ball now they're it. That's Marco Water Polo in Miami Florida.



KB ball

Hey, I'm Marshall and we play in Lafayette Park in Los Angeles California. We've got lots of VERB's here, some games we even make up. Here's one we call "KB-ball"...It's kickball on a basketball court. After a kick, the fielder has to shoot the ball through any basket. If it the ball goes in the hoop and you're not on base, you're out. If it misses, keep on running. That's "KB-ball" in Los Angeles.



Every day is game day so get out there and go play.



Log on to VERBnow.com and tell us what game you play in your park.

www.VERBnow.com

Made possible by the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention.

VERB
It's what you do.